



Moncton Youth Residences Inc.
Building Capacity

Elevator Capacity: 10 People



Human Capacity: Endless

Message from the Executive Director



“What is the
real capacity
of a young life?”

BUILDING INDIVIDUAL CAPACITY

What is the real capacity of a young life? How do we help young people build their lives to accomplish their full potential? Those questions dominate the work of Moncton Youth Residences.

In the interest of helping young people succeed and moving them into the place of greatest opportunity, MYR has focused a great amount of energy on developing its three branches of services.

Several new programs have been implemented over the past year to assist at-risk youth. Two new homes were purchased to provide a structured and caring environment to young people in the care of the Minister of Family and Community Services. One serves young people from the Fredericton region and the other is a resource for youth from the Saint John region. MYR now operates six facilities for young people who are not necessarily from the Moncton region. In January 2005, QUEST Case Management was launched. It provides case management, assessments, and employment preparation services to at-risk youth.

Our services for youth struggling with issues of homelessness will soon have the addition of a one-stop shop, or central entry point. This community resource is in the development and construction phase and is scheduled to open in September 2005.

One particularly striking quality of Moncton Youth Residences is the connectivity among its programs. The continuum of services offered by MYR supports and strengthens young people on several levels. Youth benefit from a range of services including assessment, stabilization, life-skills training, academic upgrading, vocational training, employment counselling, long-term structured living environments, shorter-term transitional housing, and family counselling.

As these programs combine to support young people by offering wrap-around services, they also support each other. Through sharing among departments, new programs have emerged and existing programs have been enriched.

For MYR, the intertwined theme of building and growth this year has encompassed physical construction, development of new programs, building healthier futures for young people, and building our base of community stakeholders. I want to publicly congratulate the Board of Directors and the staff of Moncton Youth Residences for making this happen; and I wish to thank our many stakeholders for the confidence they have shown and the strong investment they have made in MYR this past year.

Mel Kennah
Executive Director

Our Mission

"Moncton Youth Residences Inc. has developed a model of service delivery that reflects its capacity to achieve high standards of excellence and exceptional expertise in providing services to youth and their families. As true collaborative partners, the staff eagerly share their knowledge and skills, yet are flexible and open to continuous learning as they adapt to an ever-changing environment. MYR is exemplary in its commitment to 'go the extra mile,' reflecting an impressive commitment to this work. The knowledge and talents developed by MYR have contributed significantly to our understanding and ability to develop preferred practices in the area of youth with exceptional needs."

~Anne Marie Maloney
Program Manager,
Family and Community Services,
Saint John Region.

Moncton Youth Residences Inc. is committed to building relationships with at-risk children, youth, and families, recognizing their strengths and fostering healthy development.

Our Mandate

The purpose of Moncton Youth Residences Inc. is to provide quality care and guidance to youth between 10 and 19 years of age who have social, emotional, and behavioural problems.

The goal is to help youth and their families change or eliminate the conditions that have acted as obstacles to their success.

MYR offers services within an integrated, multi-component continuum of care. These include community outreach services, in-home family support, and highly structured residential treatment programs.

MYR is the agency of choice for delivery of many programs and services mandated by various government authorities with responsibilities for at-risk youth. We also initiate programs for community outreach and education in the Greater Moncton Area.



Senior Management Team (from left to right):

Louise Leonardi, *Associate Director (Finance)*; Cathy Manuel, *Associate Director (Youth QUEST, Development Office)*; Gail Lutz, *Associate Director (Outreach Programs, HR)*; Mel Kennah, *Executive Director*; Charline Melanson, *Associate Director (Residential Programs)*

Highlights of 2004-2005

- Two residential programs were introduced: Chestnut Group Home and Westhaven Group Home.
- QUEST Case Management was launched in January 2005.
- Many staff changes have occurred as a result of new programs.
- A restructuring of the finance department resulted in Louise Leonardi joining the senior management team in the newly created role of Associate Director of Finance.
- MYR continues its national and international involvement. Executive Director Mel Kennah made a presentation at the FICE International Congress in Glasgow, Scotland in September on the benefits of international networking.
- From August to December 2004, John Howard Society of Greater Moncton carried out directed demolition at our facility at 199 Saint George Street, future location of Youth QUEST Central.
- In February 2005, the Province of New Brunswick announced its \$310,000 contribution to our capital campaign.
- Homeless Hotel, held on May 14, 2004, was a great success, raising both awareness and funds, which were divided between the YMCA and Moncton Youth Residences. Thank you to our major sponsors: Delta Beauséjour (especially Martin Leclerc, General Manager, who was the Homeless Hotel Chair), C103, XL96, ATV, and Bristol Group.
- Periodically, the Moncton Wildcats donated tickets to enable many of our youth to attend, for the first time, a major junior hockey game. The Wildcats also partnered with MYR in March 2005 to assist in raising \$1,500.
- MYR youth attended a Theatre New Brunswick (TNB) Christmas production thanks to the generosity of TNB and Imperial Oil Esso, a first such opportunity for most of the youth.
- In the past year MYR launched its new website at www.myrinc.com, took over the administration of the www.getanswers.ca web site, and developed a website for the Homeless Hotel at www.homelesshotel.com.
- MYR's Personnel Policy manual was completely revisited and revamped.
- As of January 2005, Family Service Moncton was contracted to provide MYR's Employee Assistance Program.
- MYR formed a partnership with PLAID, a community arts program for youth, that enabled it to run programs out of 199 St. George Street until demolition began.

AT-RISK DEFINED

Simply put, it means "at risk" of not becoming healthy and productive adults. An "at-risk" youth is threatened by various factors that inhibit learning, impede adjustment, and impair judgment, making it more likely that he or she will make choices that result in further marginalization, often with dire short- and long-term consequences.



Oyster Capacity: 1 Pearl



Human Capacity: Unlimited



Statistical Overview

- Annual budget of more than \$3.9 million in 2004–2005
- Staff of 88 full-time, 12 part-time, 38 relief
- 402 youths and family units served in past year (more than 710 if all members of the family units were included)

Measuring Progress

Four out of five of the young people entrusted to MYR leave ready for less restrictive environments.

Top Four Observed Challenges among group home residents

- 1 Drug abuse
- 2 Behaviour problems at school
- 3 Aggression
- 4 Low self-esteem

Top Four Observed Competencies among group home residents

- 1 Politeness
- 2 Sense of humour
- 3 Good personal hygiene
- 4 Learn / try new things

Referring Agents for All Residential Programs

Department of Family and Community Services
Department of Public Safety
Department of Health and Wellness
Other—Department of Education, self-referral

Homeless Hotel

Moncton Youth Residences Inc. and the YMCA of Greater Moncton, along with other key partners, combined efforts and held a joint public awareness event and fundraiser on May 14, 2004. The Homeless Hotel offers no central heat, no room service, no mini bar, and no extra towels, but the air conditioning is free.

From dusk until dawn, people from all ages and all walks of life spent the night under the stars for a common goal—to have a greater understanding of what it is like to have nowhere to call home.

One participant had to say this about the experience: “I invited Mark, who lives on the streets to come and share a tarp with us [on the ground]. We shared food and conversation and discovered a very kind man who has lived on the streets.... There is a face burned into my conscience that bears a likeness to every shadow I saw in the darkest hours of the Homeless Hotel. I won’t forget. I hope the community doesn’t either. Our blessings are many. I know that now. So thank you for an education I might not have otherwise gained.”



Residential Programs

Anne Street Group Home

Manager: Monique Couture-Belliveau

Anne Street Group Home has the capacity to serve six at-risk youth with emotional and/or behavioural difficulties. The goal is to teach the youth and their families the social, emotional, and life skills necessary to overcome their challenging behaviours.

- Twenty-one youth resided at Anne Street during the past year.
- The youth are encouraged to seek volunteer or employment opportunities in addition to their education.
- Creative programming sessions, exercise, relaxation, and fun are all part of the experience.

Pierre Caissie Centre

Manager: Charline Melanson

This six-bed provincial assessment facility for youth with behaviour disorders is operated by MYR and Mental Health Services. Youth referred here are removed from the community for five weeks of assessment and treatment. They return home with recommendations based on their strengths that will allow them to thrive.

- The Centre served 27 youth from throughout the province.
- Mental Health referred eight, Family and Community Services referred 13, Education referred five, and Public Safety referred one.
- A Service Learning program was successfully implemented in December 2004, and a new Psychodrama program will be implemented.

Enman Street Group Home

Manager: Brian Fontaine

This is a six-bed residential group home for male youth sentenced to open custody as a result of conflict with the criminal justice system. The program focuses on reintegrating youth into their home and community environments by providing social and life skills, drug and alcohol awareness, anger management, and crime prevention skills.

- Twenty-seven residents were admitted.
- Many residents attended the Community Academic Services Program (CASP) with positive results. Others were able to find employment in the community as they pursued independent living arrangements.
- In the past year, there has been a greater focus on family inclusion.

Snow Avenue Group Home

Manager: Lori Milton

This four-bed therapeutic facility is designed to individually address the needs of youth who are either aging out of the care of the provincial government or in need of highly structured long-term care. Special emphasis is placed on preparation for independent living by educating residents in social and life skills, cooking and budgeting, and problem solving.

- Eleven youth were served this year.
- Staff designed individual programs for each youth and provided some experiential group programming, such as baking competitions and gardening.
- Youth participate in volunteer activities and pursue educational goals.

WHAT DOES MYR DO?

Moncton Youth Residences—the five I's (The importance of "I")

intervenes to stop the downward spiral in the lives of youth and parents

introduces people to the ways and means for change

invests skill, time, and energy in people's transition

inspires people to press forward to a conclusion

instructs both youth and families on how to make effective choices that empower them with enhanced control over their futures

Myers Street Group Home

Manager: Helen GrosLouis

This Crisis Unit provides services to youth in crisis and to those in transition from one living environment to another. Staff provide a structured, safe, therapeutic environment that enables youth to stabilize themselves and start the healing process. Youth range in age from 12 to 18; however, younger children can be placed there in an emergency. This program, with a capacity for three youth, is operated on one side of a duplex. On the other is the Place of Safety. The two programs share staff.

- Myers Street Crisis Unit had 54 admissions.

Provincial Place of Safety

Manager: Helen GrosLouis

This program has the capacity for two youth considered to be a very high risk to themselves and/or their home communities. These youth have generally exhausted the resources available in their communities and are in need of a high level of supervision and therapeutic intervention to stabilize their behaviour and enable them to return to their communities.

- Place of Safety had six admissions.

Westhaven Group Home

Manager: Gael Sawyer

This specialized unit opened in December 2004. It is designed to serve youth with special needs from the Saint John Region and has a capacity to serve four young people. The focus is to provide a stable environment, assess specific needs, and develop a multidimensional plan that will lead to the eventual return of each youth to a family setting.

Champlain Street Group Home

Manager: Barb Ferguson

This specialized facility provides high-level service to one at-risk youth from the Saint John region. The goal is to provide tools to enable this youth to work toward successful integration into the foster care system. The primary focus has been teaching appropriate alternatives to replace aggressive behaviour. The youth has shown growth in this area and an increase in self-esteem and confidence.

Greenhill Group Home

Manager: Becky Snider

This home is a specialized three-bed unit for Saint John region youth with autism and other special needs. The focus is to stabilize the youth, assess specific needs, and develop a multidimensional plan that will lead to the return of each youth to a family setting.

- Four youth were served this year.
- Residents have been involved in playing hockey and soccer, horseback riding, volunteering at the SPCA, and participating in youth group.

Chestnut Group Home

Manager: Tracy Kelly

This specialized unit opened in August 2004 to serve youth from the Fredericton region. It has the capacity to serve a maximum of three youth with special needs. Currently one youth is in the home who has various challenges, including autism.

YOU

(poem by a youth who has received services from MYR)

You have done a lot for me.
You have made me happy.
You have made me feel good about myself.
You are the nicest people I have ever met.
You never left me even though I hurt you.
You never gave up on me.
You cared about me when I thought no one did.
You were there through everything.
You were there through tough times and nice times.
You were the ones that believed in me the most.

You all mean a lot to me.
Thank YOU,
Jennifer



Outreach Programs



Intensive Support Program (ISP)

Manager: Monique LeBlanc

This program serves youth who are involved with the legal system and at risk of progressing to a custodial sentence without support in their community. ISP also works with youth who are serving one-third of a custodial sentence in their community. ISP provides programming that is reflective of youths' struggles with family conflict, substance abuse, mental health issues, and poor academic performance.

- Out of 31 referrals, 28 youth and families participated in the program for an average of five months.
- Forty-six percent participated in the program without committing additional violations.
- 82 percent of the youth served were diverted from custody, and 18 percent were serving the community portion of their sentence.

Community Academic Services Program (CASP)

Instructor: June Olsen

CASP is an academic upgrading program for youth 16–19 years of age who are not attending school because of drug and alcohol abuse, poor peer and teacher interactions, or low academic achievement. They progress at their own pace with the goal of completing high school equivalency.

- Over the past year, 43 youth have participated in this program (26 males, 17 females).
- Students who participated in the program for one full academic year showed progress of one to two grade levels when retested.

Job Readiness Program

The Job Readiness Program engages at-risk youth who have left school prematurely. It helps them learn life and social skills that are crucial to finding and maintaining employment.

- Eight youth completed Job Readiness VII that finished in June 2004.

Anger Management and Violence Prevention

Instructor: Helen GrosLouis

This program is offered in 14 sessions, covering topics such as social skills, self-esteem, recognition of what triggers anger, and appropriate expressions of anger.

- Three programs were offered during the past year, with 33 youth participants.

Family Preservation/ Diversion

Manager: Blake Fullerton

Family Preservation is an intensive, individualized eight- to twelve-week program, delivered primarily in the homes of families referred through the Departments of Family and Community Services, and Health and Wellness. Family Diversion, a similar but less intensive program, is made possible through funding from United Way of Greater Moncton and allows families to self refer.

- Family Preservation served 48 families.
- Family Diversion was offered to 31 families.
- The majority of the youth in these programs were able to remain in the family home.

[CASP] is a wonderful experience and it gives us dropouts something to work toward.... I feel like I have been given a second chance at life and that I will be able to make a difference. CASP is like the story about the little girl and the starfish, and it plays the part of the little girl; one day a hurricane hit, and thousands of starfish were washed up on shore. The little girl walked up and down the beach, throwing starfish back into the ocean. A man walked up to the little girl and said, "What are you doing? There are thousands of starfish washed up. You can't save them all. What does it matter?" And the girl said, "It matters to that one." Well, I am one of those starfish that has been given a second chance, and I will do my best to be my best.

~ James (student at CASP)

Transitional Housing Program

Manager: Amanda Fielding

Youth aged 16 to 20 who are homeless or potentially homeless use this program to stabilize and change their lives. They reside in a secure environment that offers the opportunity to learn skills that will lead to greater self-sufficiency such as budgeting, nutrition, social and life skills, finding and maintaining employment, self-esteem, and anger management. A four-month after-care program is offered.

- The Transitional Housing Program is not a shelter or a group home. It is a learning environment structured to achieve self-sufficiency.
- This year there were 31 applicants (13 female and 18 male) and numerous inquires.
- Ten youth participated in the program this year.

QUEST Case Management

Manager: Mario Bourgeois

This program was launched in January 2005 and offers services in Moncton, Shediac, Richibucto, Sackville, Hillsborough, Salisbury, and Petitcodiac. It provides case management, client assessments, and pre-employment and employment preparation services to at-risk youth 15 to 30 years old. QUEST Case Management will assist clients in finding and accessing appropriate services and resources; help identify barriers; and advocate for client services to reintegrate into the educational or vocational sector. The main objective is to address the needs of young people who do not have access to existing employment services.

- This program has served 45 young people, approximately 70 percent from the Moncton area and 30 percent from satellite offices.

Robert Irving's comments on why the Irving Group chose to get involved with Moncton Youth Residences by financially supporting the Capital Campaign for Youth QUEST Central:

"We believe it is important to support youth in giving them the opportunity to further their dreams in whatever careers they want to pursue. We like to do that right here in the Maritimes ... especially here in Greater Moncton."

Youth QUEST Central

In Greater Moncton, several hundred young people are either homeless—with no stable, permanent shelter—or at risk of becoming homeless. As Greater Moncton grows, so does this social problem.

Youth QUEST Central is an example of MYR's leadership in addressing this problem. This facility, aimed at serving youth aged 16-24, includes laundry and shower facilities, academic upgrading, vocational and job-readiness training, information sessions, counselling and directional planning. At Youth QUEST Central youth can connect directly with existing government and community services to address needs related to addictions, mental health, employment issues, financial assistance, sexual health, and more.

Thanks to the generosity of many, MYR is nearing the completion of its \$1.35 million Capital Campaign to turn this vision into a reality. Construction has begun on this heritage building located at 199 St. George Street, and the doors are expected to open in September 2005.

Youth QUALITY
UNDERSTANDING
EMPowerMENT
SELF-SUFFICIENCY
TRANSITION



The Province of New Brunswick committed \$310,000 to the Youth QUEST Central Capital Campaign. Pictured here are former MYR youth Natasha Comepeau and Premier Bernard Lord.

Message from the Board Chair

PUSHING THE EDGES

June 2005 marks the 20th anniversary of MYR. The agency started out as one group home in 1985. Today this organization employs 138 staff and provides a rich array of sixteen services to at-risk youth and their families from around the province. In the past two decades, MYR has been blessed with many gifted staff and volunteer board members who have moved the agency forward. I extend my gratitude to these men and women who have contributed to this remarkable organization by giving it its identity, its passion, and its capacity to help young people succeed. The equity built over twenty years, which includes professional expertise, infrastructure, resources, and commitment, has placed the agency in the advantageous position of being able to push out the front edges of its work.

As part of our strategic planning, in the fall of 2003 we adopted what is called a BHAG—“Big Hairy Audacious Goal.” The BHAG of our current three-year plan is MYR’s first ever Capital Campaign, undertaken to finance Youth QUEST Central. The goal was set at an ambitious 1.35 million dollars, and I am pleased to say that the campaign is coming in for a successful landing. On behalf of the Board of Directors, I want to convey my gratitude to the many individuals and organizations who have made this dream a reality. Although the heroes are too numerous to mention by name, I do need to especially recognize the Campaign Chair, Francis McGuire, President and CEO of Major Drilling, for his outstanding leadership, generosity, and wisdom. Mr. McGuire has worked tirelessly to bring the campaign to a successful conclusion in his sincere personal interest to create more options for our community’s young people.

Kathy LeBlanc
Board Chair



Board Members

From left to right: Nicole Angers; Inspector Todd Shean (RCMP), *Treasurer/Secretary*; Dorina St. Onge; Dr. Michael Crompton; Kathy LeBlanc, *President*; Mario Allain; Aline Robichaud; Betty Hudson, *Vice-president*.

Absent: Michael Otaway, *past president*; Mark Lenehan; Superintendent Bob Rochon (RCMP).

MONCTON YOUTH RESIDENCES INC.

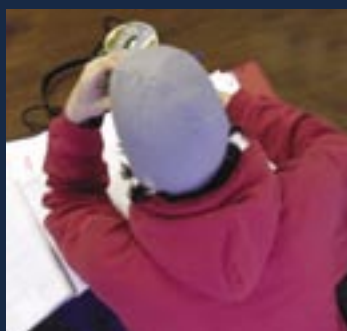
Statement of Revenue and Expense for the year ended March 31, 2005

REVENUES	TO DATE	2005	2004
PCC, Anne, Enman, Myers (grants)		\$1,264,961	\$1,264,961
Residential Fees		\$402,938	\$320,297
Fee Programs/Grants		\$2,202,947	\$1,632,750
Workshops/Resouce Centre		\$23,312	\$32,316
Capital Campaign Contribution	\$417,313	\$86,873	\$64,735
Deferred	\$265,705		
Total		\$3,981,031	\$3,315,059
EXPENSES			
PCC, Anne, Enman, Myers		\$1,672,293	\$1,575,163
Fee Programs/Grants		\$2,139,608	\$1,623,640
Workshops/Resouce Centre		\$19,050	\$33,421
Total		\$3,830,951	\$3,232,224
OPERATING SURPLUS/DEFICIT			
PCC, Anne, Enman, Myers		\$(4,394)	\$10,095
Fee Programs/Grants		\$150,212	\$73,845
Workshop/Resource Centre		\$4,262	\$(1,105)
Total		\$150,080	\$82,835
CAPITAL ASSETS			
Land		\$328,548	\$271,048
Buildings		\$1,010,531	\$712,654
Furniture		\$44,102	\$43,911
Equipment		\$19,183	\$18,260
Total		\$1,402,364	\$1,045,873
Long-Term Debt		\$(263,971)	\$(299,166)
Deferred Contributions		\$(472,463)	\$(298,860)
Investment in Capital Assets		\$397,600	\$380,629

For a detailed Financial Statement, contact Moncton Youth Residences Inc. at (506) 869-6333



Fish Bowl Capacity: 4 litres



Human Capacity: Infinite

DONORS AND FUNDERS

Moncton Youth Residences Inc. thanks the organizations that added to the quality of life for our youths and families. It is through your continued commitment that we are able to help change the direction of young lives.

Aliant
 Altus Group
 Assurance Goguen Protection Insurance
 Atlanti Lottery Corporation (for CASP)
 Ausurion Canada
 Board and staff of MYR
 Bristol Group
 C103/ XL96
 Chateau Moncton
 CIBC Wood Gundy
 City of Moncton
 Clinidata Corporation
 Co-operators Insurance
 DCSDA Holdings Ltd.
 Deloitte and Touche
 Delta Beauséjour
 Department of Family & Community Services
 Department of Health and Wellness, Mental Health Division
 Department of Public Safety
 Dooly's
 Dorchester Inmate Committee
 Fenety Marketing Services
 Harrison McCain Foundation
 Home Depot
 Human Resource Development Canada
 Industrial Alliance
 Irving Group Moncton
 J.D. Irving, Limited
 Jones Insurance
 Lighthouse Communications
 Literacy NB
 Major Drilling Group International
 McCain Foundation
 Million Dollar Round Table Canadian Charitable Foundation
 Moncton Area Council of Churches
 Moncton Kiwans Club
 Moncton Lions Club
 Moncton Rotary Club
 Moncton West and Riverview Rotary Club
 Mr. Shredding Waste Management
 National Crime Prevention Centre
 National Bank of Canada
 Newco Construction
 Province of New Brunswick
 RBC Foundation
 Riverview Lions Club
 Scotia Bank
 SCPI—Homelessness Initiative
 United Commercial Travelers
 United Way Response Funding
 Wesley Memorial United Church
 Whitehill Technology
 Youth Justice Renewal Fund, Department of Justice Canada



**Moncton Youth
Residences Inc.**

Choose Your Future

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Charitable Registration Number
10822 8529 RR0001